

Instructions for AAP

How to paste the AAP into AHLTA

<<	>>	BUMED Asthma AIM	AutoNeg	Undo	Details	Browse	Shift Browse	Note View
HPI/ROS			Assessment			PE/Tests		

☐ ☐ **Work Missed** ☐ **Days in last 12 months**

☐ ☐ **School Missed** ☐

Use of Corticosteroids:

☐ ☐ **Systemic**

: Number of courses of systemic corticosteroids for asthma in the last 12 months:

☐ ☐ **Inhaled**

- ☐ Fluticasone Propionate ☐
- ☐ Fluticasone Propionate + Salmeterol Xinafoate ☐
- ☐ Triamcinolone acetonide ☐

☐ ☐ **Peak Flow Meter**

Personal best peak flow:

☐ ☐ Bronchodilators Albuterol

Frequency of Use:

☐ ☐ **Has Aerochamber?**

: able to demonstrate correct use.

☐ ☐ Influenza Vaccine This Season ☐

☐ ☐ Pneumovax ☐

☐ ☐ Patient Education - Asthma ☐

☐ ☐ **Written Asthma Action Plan?** ☐

To View/Print a BUMED approved Asthma Action Plan (AAP), click on a ? below.

Asthma Action Plan ?

Instructions for Asthma Action Plan ?

☐ ☐ Anticipatory Guidance: Tobacco Use

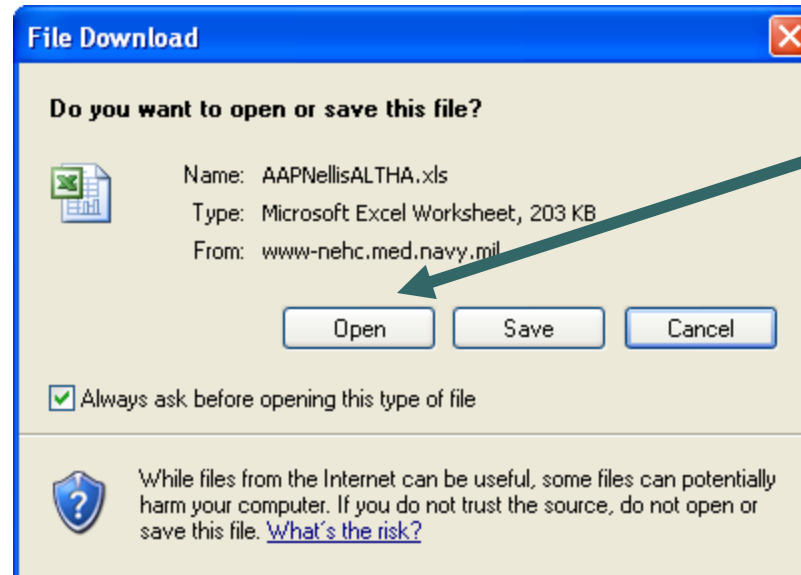
: Offered tobacco cessation ____patient
____family members

Asthma References

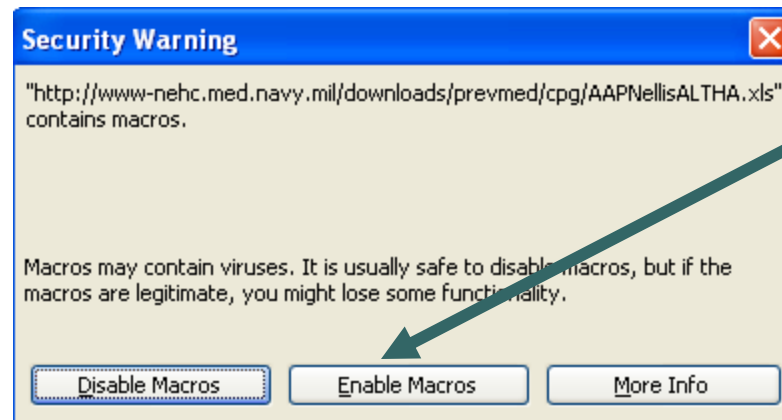
Components of Severity ?

Components of Control ?

Asthma Toolbox ?



Click on Open



Click Enable Macros

Asthma Action Plan Data Entry Screen

Date: 7-Jul-08

Contact Information

Patient Name: PCM Phone:
Soc. Sec. No: Hospital/ER Phone:
PCM: Ambulance Phone:

Breathing Measurement

☐ Peak Flow Best Peak Flow:
☐ Respiratory Rate Birth Date:
☒ None

Green Zone

Daily Medications

Type a Med not on list:
☒ Show Medications?

Exercise

☒ Show Exercise? Pre-exercise albuterol/Xopenex: ☒ 2 Puffs ☐ 4 Puffs

Yellow Zone

Quick Relief Medicine-Albuterol/Xopenex Dosage

☒ 2 Puffs Every hour(s) for days.
☐ 4 Puffs ☐ Use Nebulizer

Poor Response-Albuterol/Xopenex Dosage

☒ 2 Puffs ☐ 4 Puffs ☐ Use Nebulizer

Oral Steroid

☐ Show Oral Steroid? ☐ Use Pediatric Dosage Weight: ☒ kg. ☐ lb.
☒ Prednisone Enter dosage: mg.
☐ Predlone

Duration in Days: ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

Good Response Inhaled Steroid

☒ Flovent ☐
☒ Regular Dose for ☒ 0 ☐ 7 ☐ 10 ☐ 14 days.
☐ Double Dose

Contact Provider

☐ Before taking Oral Steroid
☒ After taking Oral Steroid hours

Red Zone

Albuterol/Xopenex Dosage

☒ 4 Puffs ☐ 6 Puffs ☐ Use Nebulizer

Show Oral Steroid

☐ Show Oral Steroid?

Symptoms

☐ Show Options?

Danger Zone Albuterol/Xopenex

☒ 4 Puffs ☐ 6 Puffs

Click Here to
Process Action Plan

Please Stop Scrolling. End of Data Entry Screen.

Complete the form then
click here.

Date: 07 Jul 2008 1259 PDT Status: **Checked-In** Treatment Facility: **NH Bremerton**
Primary Provider: **WAGNER,SONIA J** Type: **ACUT** Clinic: **QQQCHCSIITESTBREM CLINIC**
Patient Status: **Outpatient**
Reason for Appointment:

AutoCites Refreshed by WAGNER, SONIA J @ 07 Jul 2008 1259 PDT

Screening Pregnant. LMP: 05 Nov 2007. EDC: 17 Jun 2008.

Vitals

S/O **Questionnaire AutoCites** Refreshed by WAGNER, SONIA J @ 07 Jul 2008 1259 PDT
Questionnaires
No Questionnaires Found.

A/P

Disposition

AddNote

Click on AddNote

Select Note

Select the desired Note from the list below or click 'New' to create a new Note.

Note#	Category	Title	Date	Author
(No Notes Found)				

New Note

Edit Note

Delete

Close

Click on New Note

Encounter Note

Note Added: **07 Jul 2008 1301 PDT** By: **WAGNER, SONIA J**

Note Category:

Note Title:

Arial 8

Copy

Cut

Paste

Right click in the body of this text box and select Paste

Encounter Note

Note Added: 07 Jul 2008 1301 PDT

By: WAGNER, SONIA J

Note Complete

Note Category:

Note Title:

Arial

8

B

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Print

Load File...

Save Draft

Cancel

Asthma Action Plan for Doe, John

SSN: 888-88-8888

Please Enter Birth Date.

Doctor's Name: Rogers, Jolly

Doctor's Phone: 888-888-3333

Hospital/EP Phone:

Date: 7/6/2008

Green Zone: Doing Well

- No Cough, wheeze, chest tightness or shortness of breath during the day or night.
- Can do usual activities.
- Needing Quick-Relief Medicine to treat symptoms less than 2 times a week.

Take These Long-Term Control Medicines Each Day:

Rovant 220mcg 2 puffs in AM and PM with spacer

Before Exercise:

Albuterol/Xopenex with spacer 2 puffs 5 to 60 minutes prior to exercise.

Yellow Zone: Asthma is Getting Worse

- Cough, wheeze, chest tightness or shortness of breath, or
- Waking at night due to asthma, or
- Can do some, but not all, usual activities.
- Needing Quick-Relief Medicine to treat symptoms 2 or more times a week.

First

Add Quick-Relief Medicine -- and keep taking your GREEN ZONE medicine

Take Albuterol/Xopenex 2 Puffs with spacer.

Second

If your symptoms improve after using Albuterol/Xopenex:

Take Albuterol/Xopenex with spacer every 4 hours for 3 days.

- OR -

If your symptoms DO NOT improve after using Albuterol/Xopenex:

Take Albuterol/Xopenex 2 puffs with spacer.

Call your doctor.

Red Zone: Medical Alert!

- Very short of breath, or
- Quick-relief medicines have not helped, or
- Cannot do usual activities, or
- Symptoms are the same or get worse after 24 hours in Yellow Zone.

Take this medicine:

Albuterol/Xopenex 4 puffs with spacer.

Then go to Emergency Room or call an ambulance NOW.

Click on Note Complete

The end result. AND a copy has been sent to your printer.

Disposition

AddNote

Note Written by WAGNER, SONIA J @ 07 Jul 2008 1301 PDT

Asthma Action Plan for Doe, John

SSN: 888-88-8888

Please Enter Birth Date:

Doctor's Name: Rogers, Jolly

Doctor's Phone: 888-888-3333

Hospital/ER Phone:

Date: 7-Jul-08

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Take this medicine:

Albuterol/Xopenex 4 puffs with spacer.

Then go to Emergency Room or call an ambulance NOW.

DANGER SIGNS

- * Trouble Walking and talking due to shortness of breath.
- * Lips or fingernails are blue.

Take Albuterol/Xopenex 4 puffs with spacer.

Go to the hospital or call for an ambulance @ HOME